

優質的物理治療是透過對病人作詳細評估，訂定週詳的治療計劃，以熟練的技巧，給予病人專注的照顧及密切觀察其進度，以達到最好的效果。

養和醫院物理治療部之治療師，均本著以上的宗旨為院內及院外的病人提供服務。服務對象主要包括骨科、神經科、老人科、兒科、外科、內科、胸肺科、婦產科、運動創傷或筋腱及軟組織勞損的患者。

專業服務



轉介手續

住院及門診的病人均須經由醫生轉介預約。

本部備有各種輪椅、輔助步行工具、電療機及復康產品可供出租或出售，歡迎查詢。

手法治療

由治療師施行關節活動及舒整法、牽引法及治療性按摩等。

運動療法

利用各類形式的運動、器械運動或儀器，以鍛練肌肉及增進關節的活動能力，改善步履的姿勢及穩定性，以協助病者復原及恢復身體的活動功能。

電療

一些高科技儀器，如磁力治療、短波透熱、超聲波、干擾波、刺激性電流、激光、冷熱療法，均能促進血液循環，起消炎止痛的作用。

胸肺物理治療

為慢性呼吸系統病患者、手術前後之病者，施行排痰、呼吸運動及運動計劃的訓練，以增強胸肺功能。

物理治療部

香港跑馬地山村道二號
養和醫院李樹培院三樓

辦公時間

星期一至五：上午九時至下午十二時三十分
下午一時三十分至下午六時
星期六：上午九時至下午一時

如有查詢或預約，歡迎致電本中心

電話：2835 8685

傳真：2892 7523

電郵：physio@hksh.com

<http://www.hksh.com>

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養和醫院

HONG KONG SANATORIUM & HOSPITAL

物理治療部



Quality physiotherapy service means thorough assessment of the patient and his / her condition, careful planning and skilful application of treatment methods with tender loving care, and close monitoring of patient's progress.

To achieve the best effect of rehabilitation, our physiotherapists always focus on these objectives when providing services to our patients. Our services are provided for patients of orthopaedics, neurology, geriatrics, paediatrics, surgery, medicine, cardiopulmonary diseases, obstetrics and gynaecology, sports injuries and degeneration of tendons and soft tissues.

Professional Services



Manual Therapy

Techniques include mobilization, manipulation, traction and therapeutic massage.

Exercise Therapy

Individualized exercise programmes with use of equipment or tools to strengthen muscles, increase the range of motion of affected joints and improve walking gait and stability for rehabilitation and enhancement of overall functions.

Electrophysical Therapy

Advanced technology and equipment include magnetotherapy, short wave diathermy, ultrasonic therapy, interferential therapy, electrical stimulation, laser, heat and cold. These modalities can improve blood circulation, control inflammation and relieve pain.

Chest Physiotherapy

Drainage of sputum and removal techniques, breathing exercises and exercise programmes are given to patients with chronic respiratory diseases and other medical and surgical patients to improve their lung function.

Referral

A referral letter is required for arranging appointment for both inpatients and outpatients.

Varieties of wheelchairs, walking aids, electrical stimulation equipment and rehabilitation exercise equipment are available for hire or sale. Enquiries are welcome.

Physiotherapy Department Hong Kong Sanatorium & Hospital

3/F, Li Shu Pui Block
2 Village Road, Happy Valley, Hong Kong

Service Hours
Monday to Friday: 9:00 a.m. – 12:30 p.m.
1:30 p.m. – 6:00 p.m.
Saturdays: 9:00 a.m. – 1:00 p.m.

For appointment or enquiries, please contact us at:

Tel: 2835 8685 Fax: 2892 7523

E-mail: physio@hksh.com

<http://www.hksh.com>

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