

眼 瞼 整 形 術

眼部的整形和重建手術是眼科的一個分枝。眼科醫生經過專科訓練，可以施行眼及眼眶部之整形及重建手術。重建手術可適用於因外傷或眼眶腫瘤摘除而導致的眼瞼組織缺損、矯正因甲狀腺分泌失調而導致的眼睛毛病，如眼球突出或眼瞼過高。重建手術也適用於患有鼻淚管腫瘤或阻塞症。

在亞洲，眼瞼整形術較普遍，這與亞洲人多為單眼瞼有關。對年輕人仕來說，雙眼瞼能使他(她)們的眼睛看似較大。對年長人仕來說，因為眼瞼皮膚鬆弛，引致上眼皮過長垂下，這不單影響外觀，也使視野被阻。施行眼瞼皮膚切除術後，他(她)們不但樣子變得年輕，視野也因為減少多餘皮膚阻礙而增大。

年輕人仕之雙眼瞼形成術，有兩種方法。第一種手術只需於上眼皮內縫三針線便成。這手術快捷，復原時間較短，但有時需要拆線，而且手術效果未必是永恆的。第二種方法是於上眼皮內側切開皮膚後才縫線。這手術較複雜，但具永久性。



下眼皮眼袋手術前



手術後第二日並無瘀血

下眼瞼手術

「眼袋」是因為脂肪從皮下突出而致。有眼袋的人仕常給人一種很疲倦及年老的感覺。現在最新的方法為經眼皮後面施行下眼瞼手術。這方法是於眼瞼及眼球之間作一個簡單的切口，然後用二氧化碳激光把脂肪切除。由於使用二氧化碳激光，故可即時止血，並可減少出血機會，這手術的最優勝之處為完全沒有疤痕，而眼瞼也不會有退縮的危險。因為手術是沒有觸及眼皮或眼肌肉，故此亦大大地減少有瘀黑的機會。手術後通常有數天之眼球及下眼瞼輕微紅腫。病人只需休息兩天，便可以恢復工作。

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Cosmetic Eyelid Surgery

眼 瞼 整 形 術



養和醫院

HONG KONG SANATORIUM & HOSPITAL

COSMETIC EYELID SURGERY

Ophthalmic Plastic and Reconstructive Surgery is a subspecialty of Ophthalmology where Ophthalmologists undergo special training to perform Plastic and Reconstructive Surgery around the Eye and Orbital area.

Reconstructive surgery involves reconstructing eyelid tissue deficiencies after excision of tumours or loss of tissue from trauma, this also involve removal of orbital tumours, correcting thyroid related disorders such as Proptosis (protrusion of eye ball), eyelid retraction and also involve the reconstruction of the Naso Lacrimal System due to tumours or blockage and bony fractures around the orbit.

Upper Eyelid Surgery

Cosmetic Eyelid Surgery is popular in Asia where a double lid crease is formed surgically for patients who have a single eyelid crease or on older patients where there is excessive skin over hanging the upper eyelid. In younger patients, the formation of upper lid crease gives the impression of the eye being larger. For older patients, where there is over hanging eyelid skin (Dermatochalasis), the excision of the skin and the reformation of the lid crease will give a much younger appearance to the patient. The patient will also have an increase in visual field if the extra skin is removed. In younger patients, in order to form the extra lid crease, one can simply put in three temporary stitches (which may be removed later on) to bring the fold higher, this procedure

requires less recovery time. However, this is less permanent than if a full incision was made on the upper eyelid skin and permanent stitches are placed to form the lid crease.

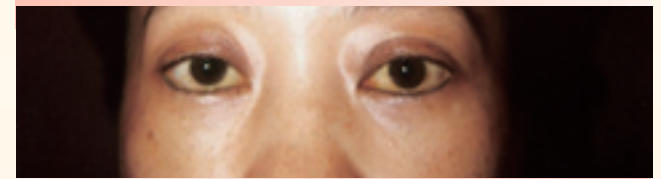
LOWER EYELID SURGERY

Lower eyelid eye bags are caused by protrusion of fat, this gives the impression of the person looking aged and constantly tired. A new method of excising this fat and thus decreasing the eye bag is invented by ophthalmologists whereby one reaches the fat by entering the area between the eyelid and the eyeball.

One simply makes small windows in this area behind the eyelid, pull out the fat and excise the fat using the CO₂ Laser. The advantage of this approach, which is called 'Transconjunctival' approach, leaves no scar. The traditional approach through the eyelid skin can lead to a scar and also a risk of lid retraction, that is the lower lid being pulled down thus showing the white part of the eyeball. The Transconjunctival approach leaves minimal to no bruising at all whereas the traditional approach can leave the patient black and bruised for up to 3 weeks. Patient who have the surgery via the Transconjunctival approach only need to rest for 2 days and can return to work on the 3rd day. This fast recovery occurs for 2 reasons, first the CO₂ Laser not only cuts fat but also stops bleeding, second, the Transconjunctival approach does not touch the skin or the muscle where 90% of bleeding occurs and there are no scars.



Before



Next day after surgery

Lower eyebags removed no bruising and almost no swelling



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