



養和醫院 特約門診/兒科門診

Hong Kong Sanatorium & Hospital
Private Patient Clinic/Paediatric Clinic



皮膚點刺試驗

Skin Prick Tests

診症時間：星期一、二、四、五
下午 3:00 - 6:00

地址：香港跑馬地 山村道二號
養和醫院 李樹培院一樓
特約門診部

網頁：www.hksh.com

敬請預約 ☎ 2835 8608

Consultation Hours:

Monday, Tuesday, Thursday and Friday
3:00 pm - 6:00 pm

Address:

Private Patient Clinic, 1/F, Li Shu Pui Block,
Hong Kong Sanatorium & Hospital
2 Village Road, Happy Valley, Hong Kong

Website: www.hksh.com

Consultation by Appointment:

☎ 2835 8608



誰要接受皮膚點刺測試

Skin Prick Tests (S.P.T.)

如果你常患有鼻敏感、哮喘、濕疹、敏感性眼結合膜炎、食物敏感等，你應接受皮膚點刺測試。

S.P.T.的目的及方法

皮膚點刺測試是找出敏感原的方法之一，由此測試可以得知敏感原是甚麼，從而避免對該敏感原的接觸，以減少敏感的發生。其方法是將一小滴敏感原滴在患者的皮膚上，再用一特製的小針在該位置上輕刺一下，觀察皮膚上的反應然後量度該反應便可得出結果。

S.P.T.的好處

皮膚點刺測試是一種安全、便宜、快捷，既簡單又受極少痛楚的方法。此測試在歐美國家常被採用，適合任何年齡的患者，一般需時15-20分鐘便可得知結果。

Who need skin prick tests (S.P.T.)?

If you are suffering from nasal allergy, asthma, atopic dermatitis, allergic conjunctivitis or food allergy, then you may find the skin prick tests useful.

What is the aim and method of the S.P.T.?

S.P.T. aims to find out to which allergens your body reacts. Avoidance of such allergens will significantly reduce the frequency and severity of your allergic symptoms. The method is to transfer a small droplet of an allergen onto the skin through pricking by a tiny lancet. A positive result is interpreted by measuring the size of the wheals.

What are the advantages of the S.P.T.?

S.P.T. are highly recommended in Europe and America for their safety, efficiency, affordability. It is a relatively simple and painless procedure. It is suitable for patients of all ages and the result is available in 15 to 20 minutes.