

家庭醫學中心 Family Medicine Centre

For enquiries and appointments,
please contact us at:

24-hour Outpatient Department

G/F, Li Shu Pui Block
Hong Kong Sanatorium & Hospital
2 Village Road, Happy Valley, Hong Kong

Tel: 2835 8600
Fax: 2892 7506
Email: opd@hksh.com

Family Medicine Centre (Central Clinic)

2nd floor, Chuang's Tower,
Nos. 30-32 Connaught Road, Central

Tel: 2523 7887
Fax: 2523 7873
Email: fmccn@hksh.com

Service Hours (Consultation by appointment)

Monday to Friday: 9:30 am – 1:30 pm
2:30 pm – 6:30 pm

Saturday: 9:00 am – 1:00 pm
Closed on Sundays and Public Holidays

www.hksh.com

© Hong Kong Sanatorium & Hospital. All Rights Reserved.

OPF41B 09/2011

Family Medicine In Hong Kong Sanatorium & Hospital



養和醫院
Hong Kong Sanatorium & Hospital

家庭醫學中心
Family Medicine Centre

What is Family Medicine?

As a distinctive medical specialty, family medicine offers primary care to the community. Being the first point of contact for patients in a health care process, family doctors strive to provide patient-centred care.

- Provide whole-person care which includes physical, psychological, familial, social and spiritual counselling
- Understand patient's health condition, lifestyle and social background well which can enable accurate diagnosis
- Develop continuing mutual trust with patients facilitating communication, and take the family's needs into due account
- Arrange proper specialty referrals to make the best use of resources
- Promote prevention of acute and chronic diseases, self-management of patients and public health education

What Do Family Doctors Do?

Holistic, or whole-person, health is an important concept of family medicine, which means a family doctor views a specific disease beyond the physical manifestations and considers your social environment and emotional or psychological responses to the physical illness. Not only do the family doctors provide primary care with continuing, preventive, comprehensive and patient-centred services, they also take such responsibilities as health promotion, prevention and support.

Family doctors serve as a point of entry for patients into the health care system. They don't just cure; they are health partners who should have a thorough understanding of your physical and psychological conditions, thereby giving appropriate health advice, initial management and proper referrals to specialists and other health professionals. It is possible to miss a diagnosis or overlap a treatment if patients - especially the elderly, who usually have multiple problems - see several doctors or specialists on their own.

Let the family doctor be health partner of you and your family for effective prevention and early detection of illnesses, which enables you to lead a healthy life and reduce the medical cost.

How to Choose a Family Doctor?

- Patient-doctor rapport is key - your family doctor should have good communication, problem-solving and management skills, as well as a caring, attentive and empathetic attitude.
- The family doctor must have obtained relevant academic and professional qualifications, and keep abreast with rapid medical developments through continuing education.
- Ideally, your doctor should also have a strong support network of allied health professionals, such as dietitians, physiotherapists and occupational therapists.
- Check whether disease prevention services such as smoking cessation, vaccinations or cervical screening tests are provided.
- If necessary, find one whose clinic is close to your home or office and consider if its opening hours convenient to you.

